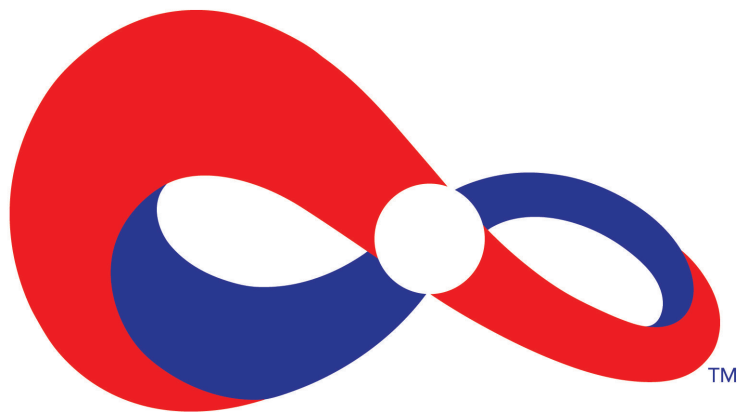


## FOUR ANTIPHOSPHOLIPID SYNDROME (APS) ORGANIZATIONS

APS ACTION • APS FOUNDATION OF AMERICA • APS FOUNDATION OF AUSTRALIA • APS SUPPORT UK  
JOINTLY SUPPORT



# WORLD THROMBOSIS DAY

# 13 OCTOBER

with the goal to increase APS awareness in the thrombosis community and beyond

## KNOW THROMBOSIS

### THIS COLLABORATIVE 2018 WTD SUPPORT CAMPAIGN WILL INCLUDE:

#### PATIENT & PHYSICIAN EDUCATION

Please email your APS-related questions and stories (challenges, concerns, uplifting and success stories) to [vegaj@hss.edu](mailto:vegaj@hss.edu)

Your questions will be answered by APS ACTION members and selected ones will be posted online on WTD; patient stories will be gathered and shared anonymously via websites and social media to increase APS awareness.

#### GLOBAL FUNDRAISING FOR APS RESEARCH

APS ACTION is an international network created to design and conduct multicenter clinical trials and research in aPL-positive patients. See overleaf for details.

All fundraising generated via APS patient organizations will be used specifically to support the research equipment in APS ACTION Core laboratories located in Brazil (University of Sao Paulo, Sao Paulo), Italy (University Hospital, Padova), Japan (Hokkaido University, Sapporo), United Kingdom (St Thomas Hospital and University College London, London), and United States (University of Texas Medical Branch, Galveston, Texas).

#### More information:

[apsaction.org](http://apsaction.org) / [apsfa.org](http://apsfa.org) / [facebook.com/apsaustralia](https://facebook.com/apsaustralia) / [aps-support.org.uk](http://aps-support.org.uk) / [worldthrombosisday.org](http://worldthrombosisday.org)

# WHAT IS ANTIPHOSPHOLIPID SYNDROME (APS)?

Antiphospholipid Syndrome is a life-threatening systemic autoimmune disorder that causes the blood to clot too quickly.

Immune system mistakenly produces antibodies (antiphospholipid antibodies [aPL]) against certain normal proteins in the blood.

These antibodies can cause potentially fatal events such as strokes, heart attacks, and blood clots in the legs (deep vein thrombosis) and lungs (pulmonary embolism).

Antiphospholipid Syndrome is the most important treatable cause of recurrent miscarriage; it is also associated with other pregnancy complications such as pre-eclampsia, low weight babies, and premature births.

Despite increased recognition of APS, much remains to be learned about the cause, full range of symptoms, diagnosis, and treatment for APS.

## WHY DOES ANTIPHOSPHOLIPID SYNDROME MATTER?

Antiphospholipid Antibodies are tested positive in:

**9%**

of patients with pregnancy loss

**10%**

of patients with deep vein thrombosis

**11%**

of patients with heart attack

**14%**

of patients with stroke

**17%**

of patients with stroke under age 50

## HOW CAN I HELP APS RESEARCH?

APS ACTION is an international network created to design and conduct multicenter clinical trials and research in aPL-positive patients.

Information gathered through the APS ACTION registry facilitates a better assessment of aPL-related clinical problems and helps determine the optimal management of aPL-positive patients.

The registry data are not only large, but also composed of a collaborative effort from multiple countries. This kind of communication and sharing of information allows for the potential of expedited research.

APS ACTION Core Laboratories store and process blood samples from aPL-positive patients enrolled in the multicenter international APS ACTION Registry.

All fundraising generated via this collaborative 2018 WTD Support Campaign will be used to support APS ACTION Core Laboratories, specifically to buy new freezers and maintain old freezers that are critical for sample storage.

You can contribute to our fundraising efforts via

<http://apsfa.org/donate>

[www.facebook.com/apsaustralia](http://www.facebook.com/apsaustralia)

[https://aps-support.charitycheckout.co.uk/APS\\_ACTION](https://aps-support.charitycheckout.co.uk/APS_ACTION)

FROM SUNDAY, OCTOBER 7, 2018 08.00 AM TO SATURDAY, OCTOBER 13, 2018 11.59 PM